



The Value of Speech-Language Pathology Services for Children Who Stutter



Treatment by Speech-Language Pathologists (SLPs) Improves Functional Communication, Builds Confidence, and Reduces the Negative Impacts of Stuttering in Children.



Improved Communication Effectiveness

After treatment by an SLP, **71%–73%** of children are better understood in typical and high-stress situations.¹



Improved Wellbeing

Following camp-based stuttering treatment with SLP involvement, children who stutter experience reduced stress and improved health, quality of life, and peer relationships.^{2,3}



Reduced Anxiety and Avoidance

Following treatment by an SLP, **69%** of children report a significant reduction in their avoidance of stuttering situations,⁴ with a...

- **28–33%** reduction in the negative impact of stuttering on daily life.⁴
- **63%** reduction in the avoidance of stressful communication situations.⁴
- **22%–31%** reduction in anxiety symptoms.⁵



Improved Communication Attitudes and Satisfaction

Following treatment by an SLP, **95%** of children report that they are satisfied with their speech,⁴ with a...

- **65%** increase in their speech satisfaction.⁴
- **37%–39%** increase in their positive communication attitudes.^{5,6}

SLP-Delivered Treatment Programs Incorporating Resilience Training or Parent Support...



Improve resilience by **23%**.⁷



Decrease stuttering frequency by **76%–90%**.^{7,8}



Reduce children's social-emotional difficulties by **33%–50%** per parent report.^{7,8}



Reduced Stuttering Frequency and Severity

Children treated by an SLP...

- Are **7.5 times** more likely to achieve essentially fluent speech than those who receive no treatment, with **73%–87%** maintaining fluency at 1 or more years follow-up.⁹⁻¹²
- Show a **70%–86%** reduction in stuttering frequency.^{4,7,8,13}
- Exhibit a **53%–86%** reduction in stuttering severity.^{4,5,12-18}
- Generalize gains to community settings and new situations.^{13,19}



Treatment Satisfaction

Overall, **95%–100%** of parents report satisfaction with their child's treatment and the degree of training, education, and support provided by SLPs,^{11,13,14} with...

- **86%** reporting that they have increased confidence in their ability to provide treatment at home, with an average improvement of **30%–46%**.^{6,14}
- **100%** reporting that their children had positive experiences in group or individual sessions.¹⁴
- **85%** reporting satisfaction with their child's fluency, with an overall increase of **74%–81%**.^{11,16}

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